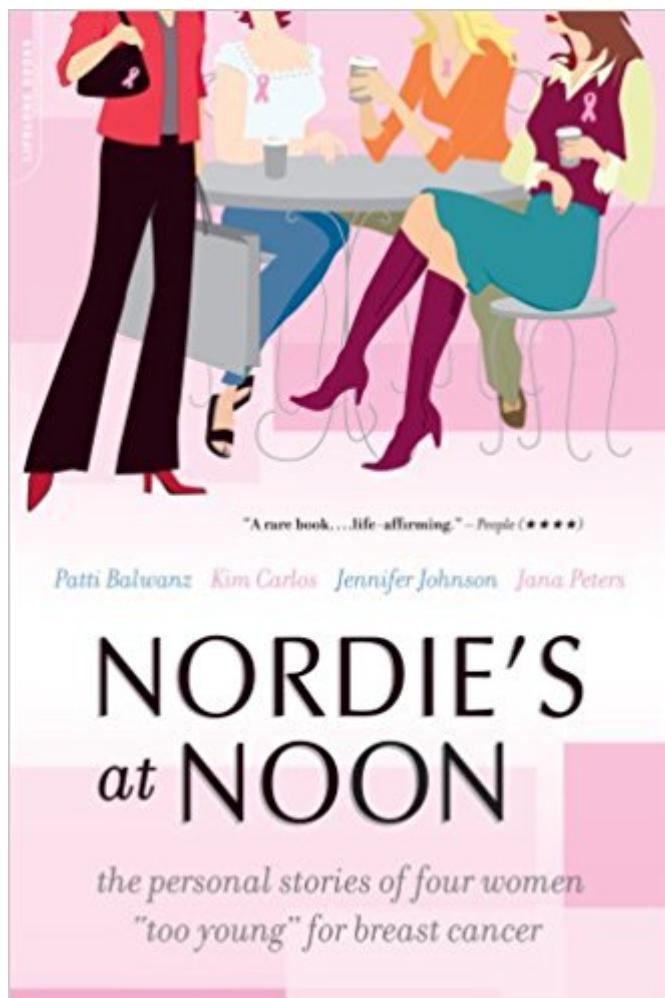


The book was found

Nordie's At Noon: The Personal Stories Of Four Women "Too Young" For Breast Cancer



Synopsis

A diagnosis of breast cancer before the age of thirty had brought Patti, Jana, Jennifer, and Kim together for a monthly lunch at their local Nordstrom's cafÃ©, but it was a desire to provide hope to others that would make them friends for life. The fruit of their lunchtime labor, Nordie's at Noon shares the personal stories of each of these courageous women. A source of humor, strength, inspiration, and education, the book is a celebration of friendship and of living life to the fullest. "A rare book that has the saddest of endings and yet still manages to be life affirming, it encourages women everywhere to be proactive with their health-and to realize that no one is too young for breast cancer. (*People Magazine)

Book Information

Paperback: 304 pages

Publisher: Da Capo Press; 1 Reprint edition (September 25, 2007)

Language: English

ISBN-10: 0738211125

ISBN-13: 978-0738211121

Product Dimensions: 8.4 x 5.8 x 0.8 inches

Shipping Weight: 11.2 ounces

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (36 customer reviews)

Best Sellers Rank: #695,818 in Books (See Top 100 in Books) #243 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer #3274 in Books > Health, Fitness & Dieting > Women's Health #7280 in Books > Self-Help > Motivational

Customer Reviews

Great book with emotional insight of fighters and how they deal with the big blow of life. It was easy to read in that you did not get confused or lost with the story, but it is an emotionally charged book. Prepare to choke up a bit.

Confession time: I'm the Melanie whom Patti drove to St. Louis to see, and I also met Kim during my time in the sorority. I didn't know 75% of the people or events mentioned in this book, to my regret. During my first reading, I felt almost hostile: Who were these people? When did this happen? Why didn't I know about this? I even thought I recognized my wedding as the one Patti felt uneasy about during the section about choosing to be positive in the short time we have. Everyone projects their own insecurities, and after the second and third readings, I came to realize that I was angry with

myself for allowing my own fear to limit my interactions with Patti. Sure, I had the excuses of distance, a young son and a full-time job, but the truth was that it was easier to pretend that I had been supportive and loving when I was truly just shielding myself. I encourage everyone to take a hard look at what it means to be "supportive". I wish I had.

This book is an amazing story about the four women authors on their journey with breast cancer, God, family, and friends. I feel so much more enlightened and comfortable with the topic of breast cancer; I've grown tremendously from my experience reading the book. One of the mantra's for one of the authors is Live, Love, Laugh. My mantra has always been Live, Love, Laugh, Learn. I Learned a great deal from this book and believe it will help others Learn about friendship and one very important part of life no one can escape. Of course, there is a huge emphasis in the book on Living, Loving and Laughing. I gave a copy of this book to approximately 100 friends across the nation. I hope this story will help many people Learn more about their family and friends who are, or who will inevitably, Live, Love, and Laugh their way through breast cancer. My Live, Love, Laugh, Learn Campaign - "PASS IT ON!" I ask that anyone who reads this review to read this book. Then purchase several copies for others. Many people will better understand this life experience. If everyone simply buys two books and asks the people with whom they share the book to "pass it on," the number of people we can reach is incredible.

You cannot help but be moved by these amazing ladies stories. Well written and easy to read...very inspirational. I would recommend this book as a must to newly diagnosed and those wishing to increase their awareness.

As others have mentioned, I read the review in People magazine and picked up the book the next day. The approach taken by the authors is a great approach with each woman sharing her experience on the journey. I would recommend this book to any woman I know (and have). But if I were to give it as a gift, I'd include a package of tissues alongside!

I had the pleasure of meeting Kim at a Komen event where she was the keynote speaker. I of course bought the book after her talk. Nodies at Noon is a very honest account of breast cancer in young women. The four women each write their experiences on several poignant topics. While some issues are universal to all women going through the breast cancer experience, this book highlights certain issues unique to young women. Child birth and motherhood are two examples. The

book is bittersweet with one of the authors losing their battle with the disease, and one giving birth to a second child. Like Kim herself, the book is warm and thoughtful. I would recommend it to anyone going through breast cancer or supporters of breast cancer patients.

This is a highly personal, readable recounting of the experience of these four young women with cancer. Most stories about dealing with breast cancer are geared toward women over 50 and how their lives are affected, but this story represents a different perspective. These women aren't facing menopause and retirement, they are looking forward to weddings and babies and getting their careers moving. This is a must read for young women especially.

I bought this book because the four authors are from Kansas City and I am really glad I did! I enjoyed reading their courageous stories and it was a real eye-opener about living with cancer and the toll the treatments took on their bodies. Their stories were a real-life account of what living with cancer is like. The book was a little repetitive at times, but overall very well written. Highly recommended!

[Download to continue reading...](#)

Nordie's at Noon: The Personal Stories of Four Women "Too Young" for Breast Cancer
Restorative Yoga For Breast Cancer Recovery: Gentle Flowing Yoga For Breast Health, Breast Cancer Related Fatigue & Lymphedema Management
The Breast Cancer Survival Manual, Fifth Edition: A Step-by-Step Guide for Women with Newly Diagnosed Breast Cancer
I Am Not My Breast Cancer: Women Talk Openly About Love and Sex, Hair Loss and Weight Gain, Mothers and Daughters, and Being a Woman with Breast Cancer
Breast Cancer and Iodine : How to Prevent and How to Survive Breast Cancer
Breast Cancer and Me: The Hope-filled and Sometimes Humerous Story of a Breast Cancer Survivor
Cancer Survivorship Coping Tools - We'll Get you Through This: Tools for Cancer's Emotional Pain From a Melanoma and Breast Cancer Survivor
Breast Cancer? Breast Health!: The Wise Woman Way (Wise Woman Herbal)
Fuck Off, Cancer: Breast Cancer Shaken not Stirred
The New Testosterone Treatment: How You and Your Doctor Can Fight Breast Cancer, Prostate Cancer, and Alzheimer's
Personal Encounters with Cancer: Lung, Bladder, Metastases, Prostate, Tongue, Breast
Hey, I Didn't Sign Up for This! A personal story of living with and surviving lymphoma and breast cancer
Easy Chicken Breast Cookbook: 50 Unique and Easy Chicken Breast Recipes
Big C, little ta-ta: Kicking Breast Cancer's Butt in 7 Humorous Stories
F'k Cancer - Coping & Coloring: The Adult Coloring Book Full of Stress-Relieving Coloring Pages to Support Cancer Survivors & Cancer Awareness ... Books & Swear Word Coloring Books) (Volume 6) #Women

#Coloring Book: #Women is Coloring Book No.8 in the Adult Coloring Book Series Celebrating Women (Coloring Books, Women, Shopping, Gifts for ... Series of Adult Coloring Books) (Volume 8) Hollis Sigler's Breast Cancer Journal What Your Doctor May Not Tell You About(TM): Breast Cancer: How Hormone Balance Can Help Save Your Life (What Your Doctor May Not Tell You About...(Paperback)) The New Generation Breast Cancer Book: How to Navigate Your Diagnosis and Treatment Options-and Remain Optimistic-in an Age of Information Overload Let Me Get This Off My Chest: A Breast Cancer Survivor Over-Shares

[Dmca](#)